

# ESI

<b>ESIC Grievance</b>	By Employer, Insured Person or Public	<a href="http://www.esic.in/web/esic/lodge-a-grievance">http://www.esic.in/web/esic/lodge-a-grievance</a>
<b>Helpdesk</b>	General - Toll free	1800-11-2526
	Medical related - Toll free	1800-11-3839
<b>Grievance to ESI – mail ID</b>	General and Any other	<a href="mailto:pg-hqrs@esic.nic.in">pg-hqrs@esic.nic.in</a>
	IT related issues	<a href="mailto:itcare@esic.nic.in">itcare@esic.nic.in</a>
<b>Employee login</b>	To check the remittance	<a href="http://www.esic.in/EmployeePortal/login.aspx">http://www.esic.in/EmployeePortal/login.aspx</a>
<b>Employer login</b>	To make remittance / Register IP number	<a href="http://www.esic.in/ESICInsurance1/ESICInsurancePortal/Compatibility.htm">http://www.esic.in/ESICInsurance1/ESICInsurancePortal/Compatibility.htm</a>

